



## 1. *EDUCATION*

**Doctor of Philosophy (Ph.D.)** in Health Education, University of Cincinnati, Cincinnati, OH, April, 2022 - GPA - 3.97

**Dissertation Research Topic:** Examination of Physical Pain and Anxiety Problems with School Engagement and Prosocial Behavior Participation among U.S. Adolescents

**Masters in Social Work (MSW)** University of Cincinnati, Cincinnati, Ohio, May 2017

**Bachelors in Psychology (B.A)** University of South Carolina, Columbia, SC, May 2015

**Technology/ Software Skills:** Microsoft Office Programs, Blackboard, Canvas, Statistical Package for the Social Sciences (SPSS)

**Licensure:** Licensed Independent Social Worker with Supervision Designation, Number: I.2002058

## 2. *PROFESSIONAL EXPERIENCE*

**Licensed Independent Social Worker**, Mindfully, Cincinnati, Ohio, February 2022 present

Responsibilities include developing client centered treatment plans with specific goals and objectives and providing therapeutic counseling in accordance with such plans. I apply a variety of psychological methods and techniques in screening, assessment and evaluation of clients and provide referrals to other social service agencies as appropriate.

**Licensed Independent Social Worker**, Elevate Physical Therapy, Cincinnati, Ohio, December 2022 present

Responsibilities include various speaking events on perinatal and postpartum mental health conditions, individual therapy where I apply a variety of psychological methods and techniques in screening, assessment and evaluation of clients and provide referrals to other social service agencies as appropriate. I also am co-leading a support group on chronic pain with a DPT.

**Wellness Coach**, Labcorp, Cincinnati, Ohio, January 2022 present

Responsibilities include wellness coaching in various areas to employees 20 hours a month.

**Full Time Adjunct Professor**, University of Cincinnati. Cincinnati, Ohio, August 2022-present

Responsibilities include teaching eighteen credit hours per year in the public health and social work program.

**PhD Student Research Coordinator,**  
Cincinnati, Ohio, August 2021-January 2022

Responsibilities included screening, recruiting and enrolling research participants in the

Monitoring (OSAM) Network study determines what funds the state can qualify for in prevention and intervention for substance use disorders.

**Mental Health Therapist**, Central Clinic, Young Child Institute, Cincinnati, Ohio, September 2016 – July 2017

Responsibilities included conducting intake and diagnostic assessments, treatment plans, individual and family therapy for children birth to five years of age presenting with problems such as sexual/physical abuse, neglect, behavioral concerns in school and oppositional behaviors. I also e development.

**Fellow**, University of Cincinnati, Social Work Program, Cincinnati, Ohio, August 2016 – April 2017

Responsibilities included completing coursework, and extra courses in Interprofessional collaboration, SBIRT, Child Mental Health and educational services relevant to client population. I was a member of the Serving At-Risk Youth Fellowship Experience (SAFE). I received invaluable training and experience with children, adolescents and transitional youth at risk of developing or have developed significant behavioral health disorders.

**Student Leader**, University of Cincinnati, Social Work, Nicaragua Study Abroad, Cincinnati, Ohio, Volunteer 2016, Student Leader 2017,

Responsibilities included working with a local NGO to contribute educational expertise and experience to local community. I was r acilitated debriefs abroad. I also assisted in interviewing process for 2017 applicants

### 3. **PROFESSIONAL PUBLICATIONS**

1. **Gregory, K. A.**, King, K. A., Vidourek, R. A., & Merianos, A. L. (2022). Physical pain and participation in organized activities among U.S. adolescents. *Health Behavior Research*, 5(3), 1-17.
2. **Gregory, K. A.**, Vidourek, R. A., King, K. A., & Merianos, A. L. (2022). Current anxiety problems and organized activity participation among U.S. adolescents. *Current Psychology*, 113. Advance online publication. <https://doi.org/10.1007/s12144-022-03717-4>
3. **Gregory, K. A.**, Vidourek, R. A., King, K. A., & Merianos, A. L. (in press). Examination of current anxiety problems with school engagement and volunteer and paid work among U.S. adolescents. *The Journal of School Nursing*.
4. **Gregory, K.A. (2022)**. Examination of Physical Pain and Anxiety Problems with School Engagement and Prosocial Behavior Participation among U.S. Adolescents. [Doctoral dissertation, University of Cincinnati].
5. Acquavita, S. P., Lowe, L., **Fiser, K.**, & Sherba, R. T. (2022 January). Perspectives of Treatment Consumers, Treatment Providers and Law Enforcement on Drug Prevention and Treatment. *Ohio Journal of Public Health*, 4, 2, 14-21. <https://doi.org/10.18061/ojph.v4i2.8299>
6. Merianos, A. L., **Fiser, K. A.**, Mahabee-Gittens, E. M., Lyons, M. S., & Gordon, J. S. (2022). Barriers to implementation of pediatric emergency department interventions for parental tobacco use and dependence: A qualitative study using the theoretical domains framework. *Implementation Science Communications*, 3(1), 3.
7. Merianos, A. L., **Fiser, K. A.**, Mahabee-Gittens, E. M., Lyons, M. S., Stone, L., & Gordon, J. S. (2022). Clinical decision support for tobacco screening and counseling parents of pediatric patients: A qualitative analysis of pediatric emergency department and urgent care professionals. *Drug and Alcohol Dependence Reports*, 2, 100019.
8. Perceptions of How Others Impact Their Perceptions and Behaviors Related to Contagious Illnesses During the COVID-19 Pandemic. *American Journal of Health Studies*. 36(3).
9. Nabors, L. A., Lang, M. L., **Fiser, K. A.**, & Merianos, A. L. (2021). Family resilience and health among adolescents with asthma only, anxiety only, and comorbid asthma and anxiety. *Journal of Asthma*, 58(12), 1599-1609.

10. Merianos, A. L., Nabors, L. A., **Fiser, K. A.**, & Mahabee-Gittens, E. M. (2021). Exposure to tobacco smoke and temperament among U.S. children 0-5 years old. *Journal of Pediatric Psychology*, 46(4), 454-464. <https://doi.org/10.1016/j.jpedpsy.2021.03.002>

Transforming the narrative to meet emerging health behavior challenges. *Health Behavior Research*, 3(2), 58.

7. **Fiser, K. A.**, Nabors, L. A., Mahabee-Gittens, E. M., & Merianos, A. L. (March 2021). *Exposure to tobacco smoke and family resilience among a national sample of school-aged children*. Oral presentation at the College of Education, Criminal Justice, Human Services, and Information Technology Spring Research Conference. Virtual.
8. Merianos, A. L., **Fiser, K. A.**, Gordon, J. S., Lyons, M. S., & Mahabee-Gittens, E. M. (February 2021). *Barriers to implementing the clinical practice guidelines for treating tobacco use and dependence among parents of pediatric emergency department patients*. Podium presentation at the Society for Research on Nicotine and Tobacco Annual Meeting. Virtual.
9. **Fiser, K. A.**, Nabors, L. A., Mahabee-Gittens, E. M., & Merianos, A. L. (February 2021). *Exposure to tobacco smoke and family resilience among a national sample of school-aged children*. Oral presentation at the College of Education, Criminal Justice, Human Services, and Information Technology Diversity Matters Research Day, University of Cincinnati, Cincinnati, OH.





5. Reviewer, APHA Abstracts 2020 and 2021  
Public Health Social Work  
Maternal and Child Health Program  
Breastfeeding Program
6. Big Brothers and Sisters, 2019
7. Certified Respite Foster Care Provider, 2021

**7. PROFESSIONAL TEACHING EXPERIENCE SUMMARY OF COURSES TAUGHT**

Introduction to Social Work Hybrid, (SW 1050), University of Cincinnati Clermont  
 Introduction to Social Welfare Hybrid, (SW 1051), University of Cincinnati Clermont  
 Families in America, 7-week course (SW 2050), University of Cincinnati Clermont  
 Families in America, (SW 2050), University of Cincinnati Clermont  
 Motivational Interviewing, 7-week course, (HSST 1041), University of Cincinnati Clermont  
 Stress Reduction (HPE 2026), University of Cincinnati  
 Stress Management (HFL 1094), University of Cincinnati  
 Performance Enhancing Drugs (HPE 2008), University of Cincinnati  
 Nutrition (HPE 1012), University of Cincinnati  
 Philosophy of Sport (HFL 2005), University of Cincinnati  
 Historical Perspectives of Health (HPE 1010), University of Cincinnati  
 Sport and Community

Research Methods in Health Promotion & Education  
Health Sciences Statistics  
Reading & Analyzing Health Research  
Best Practices in Teaching  
Community Organization and Program Management  
Social and Behavioral Foundations of Public Health

## **9. TRAININGS**

Interprofessional Screening, Brief Intervention, Referral and Treatment (SBIRT) Training for Professionals, University of Cincinnati

Post-Partum Mental Health Training

Trauma Focused Cognitive Behavioral Therapy (TF-CBT) Online Training Web

Mental Health Youth and Adult First Aid

Human Trafficking Training

CITI Training

Dialectical Behavioral Therapy (DBT) Certified

Community Leaders Institute (CLI) 5-week leadership development research training and grant program

PSI Perinatal Mood and Anxiety Disorders 2 day Certificate