

Nancy S. Parkinson, M.S., R.D.N., C.D., L.D.

PRESENT POSITION

Miami University

**Clinical Faculty, Dietetics Program, Food Systems Management and
Nutrition**

Department of Kinesiology and Health

Oxford, Ohio 45056

Phone: (513-

PROFESSIONAL EXPERIENCE

Clinical Registered Dietitian Fresenius Medical Care Dialysis Center	February 2008- present
Clinical Faculty/Nutrition and Dietetics Miami University, KNH Department	August 2008- present Oxford , Ohio
Visiting Instructor/Dietetics Miami University, KNH Department	August 2006 – August 2008 Oxford, Ohio
Private Practice Consulting Dietitian Carr and Associates, Medical Nutrition Therapy	March 2006 - present Muncie, Indiana
Hillcroft Services Consulting Dietitian Carr and Associates, Medical Nutrition Therapy	March 2006 - October 2007 Muncie, Indiana
Meridian Mental Health Services Consulting Dietitian Carr and Associates, Medical Nutrition Therapy	March 2006 - October 2007 Muncie, Indiana
Registered Dietitian Open Door/BMH Community Clinic	October 2005- August 2006 Muncie, Indiana
Staff Relief Dietitian Ball Memorial Hospital, Dialysis Center	January 2005- October 2005 Muncie, Indiana
Graduate Assistantship Ball State University	August 2002- 2004 Muncie, Indiana

Food Service Specialist

August 1995 - December 1996

KNH 453.H- Nutrition Education Seminar
KNH 102 –

Free Medical Clinic Nutrition Education, February 13, 2013.

Free Medical Clinic Nutrition Education, February 20, 2013.

“Food 4 Thought” SAND Nutrition Education, Nutritional Cooking Workshop, March 5, 2013.

Fifth Semi-Annual Nutrition Conference March 21 and 22, 2013, “My Nutrition: Fad or Fact”, Zonya Foco, RD, Keynote speaker. 800 attendees.

Ask the Dietitian Day, Family Resource Center, March 26, 2013, “The Importance of Breakfast”.

“Food 4 Thought” SAND Nutrition Education, April 2, 2013.

Free Medical Clinic Nutrition Education, April 3, 2013.

Oxford Senior Center Senior “Senior Nutrition Program, April 8, 2013.

Builder’s Club, Middle School, Nutritional Cooking Education Workshop, April 15, 2013.

Sports Nutrition Workshop, April 16, 2013, Women’s Volleyball team, “Pre-game-Post-Game Meals”.

Mini-University, Pre-school Nutrition Education Programs, “Color My Plate”, April 2013, 80 pre-schoolers.

Miami Leadership Academy, “Leading Nutrition”, Nutritional Cooking Workshop, April 25, 2013.

Fresh Air Fair, Oxford Community Health Fair, Nutrition Education, April 27, 2013.

Middle School Nutrition Education Program, “The Importance of Breakfast” 200 participants, 5 Nutrition Assistants. Eighth Grade Students. May 21. 2013.

Kiwanis weekly meeting, luncheon speaker, “Nutrition Education Programming in Oxford, Ohio. June 12, 2013.

Free Medical Clinic Nutrition Education, June 19, 2013.

Alumni Weekend, Alumni College “Food and Mood”, June 22, 2013, 32 Alumni participants, 5 Nutrition Student assistants.

Ask the Dietitian Day, Family Resource Center, June 26, 2013, “Diabetes Diets”. June 26, 2013.

Oxford Senior Center, “Food Safety” July 15, 2013.

Ask the Dietitian Day, Family Resource Center, “Healthy Snacking and Packing”. October 22, 2013.

“Food 4 Thought” SAND Nutrition Education, Nutritional Cooking Workshop, November 5, 2013.

Free Medical Clinic Nutrition Education, November 6, 2013.

Sixth Semi-Annual Nutrition Conference November 7 and 8, 2013, “Diabetes Awareness” Gina Keatley, RD, Keynote speaker. 400 attendees.

EHS Open House, November 9, 2013. Omelet Brunch, 100+ families and prospective students, 16 prospective Nutrition Students.

Sport Nutrition Talk with intercollegiate Athletes, November 12, 2013, Women’s Diving Team, “Competition Nutrition”.

Free Medical Clinic Nutrition Education, November 13, 2013.

Ask the Dietitian Day, Family Resource Center, November 26, 2013, “Heart Healthy Holidays”, Family Cooking Workshops, 420G students, 15 participants.

Academic Year 2012

Ask the Dietitian Day, Family Resource Center, December 4, 2012, Spice up Your Holiday Meals.

Sport Nutrition Workshop, November 27, 2012, Running Club, “Nutrition Foundations”.

Sports Nutrition Workshop, November 19, 2012, Men’s Basketball team, “Pre-game-Post-Game Meals”.

EHS Open House, November 17, 2012. Omelet Brunch, 50+ families and prospective students, 14 prospective Nutrition Students.

Sport Nutrition Talk with intercollegiate Athletes, November 13, 2012, Women’s Swim Team, “Competition Nutrition”.

Family Weekend, Make Your Own Pancakes Brunch, Student Academy of Nutrition and Dietetics, 35 people, October 27, 2012.

Bridges Program, October 29, November 5, November 19, 2012.

Talawanda/Miami Partnership Grant for Nutrition Education. Presented a three week Nutrition Education lesson for 1000 Third Grade Students in the local school corporation, February, March and April, 2012.

2011 Academic Year

Talwanda Middle School Builder's Club, Nutrition Education Lesson, Healthy Snacking, 20 junior high school students and their advisor. December 12, 2011

Diabetes Interest Group, Oxford Ohio, December 1, 2011. Basics of the Diabetic Diet, Carb Counting, and Healthy Snacking.

Ask the Dietitian Day, Oxford Community Choice Food Pantry, November 19, 2011, Spice up Your Holiday Meals.

Head Start, November 16, 2011, Family Nutrition Education Session, Healthy snacking and grocery shopping for 25 Head Start parents and children and staff.

Sport Nutrition Talk with intercollegiate Athletes, November 7, 2011, Millett Hall.

Homecoming Weekend, Make Your Own Pancakes Brunch, Student Academy of Nutrition and Dietetics, 15 people, October 29, 2011.

Ask the Dietitian Day, Oxford Community Choice Food Pantry, October 24, 2011, Great Grains and Gluten Free Presentation.

Sport Nutrition Cooking Workshop, October 17, 2011, Phillips Hall.

Dean's Advisory Council Breakfast Program, Dietetic Program presentation for 30 alums and faculty, October 11, 2011.

Sport Nutrition Talk with 35 intercollegiate athletes, October 10, 2011, Millett Hall.

Ask the Dietitian Day, Oxford Community Choice Food Pantry, September 26, 2011, MyPlate Presentation.

Family Weekend, Create Your Own Omelet, Student Academy of Nutrition and Dietetics, 80 students and parents, September 24, 2011.

Sport Nutrition Cooking Workshop, September 19, 2011, Phillips Hall.

National

2012 Academic Year

February 7, 2012, Ohio Nutrition Council, February Meeting, Columbus Ohio, presented “Miami University Student Involvement in the Oxford Choice Food Pantry”.

March 20, 2012, KNH Department Semi-Annual Nutrition Conference, Oxford, Ohio, “Food Allergies”. Designed and implemented the entire conference with nutrition students.

April 19, 2012, Ohio Nutrition Council, Bi-ennial Conference, Columbus, Ohio, “Community Nutrition”, presented “Nutrition Education Made Easy”.

May 2 & 3, 2012, National Kidney Foundation, Annual Meeting, Columbus, Ohio, Nutrition and Transplantation”.

May 7, 2012, Ohio Nutrition Council, State Science Fair Judge, Ohio Nutrition Council.

May 17 & 18, 2012, Ohio Dietetic Association Annual Conference, Cincinnati, Ohio, “Technology Trends in Dietetics”.

July 13-17, 2012, National School Nutrition Association Conference, Denver, Colorado, “Making School Meals Healthy”.

July 18, 2012, Ohio Nutrition Council, Annual Executive Board Meeting, Lebanon, Ohio, president.

September 11, 2012, MidEast Dairy Council, Summit, Columbus, Ohio, “Children for a Healthier Generation”.

September 21, 2012, Ohio Nutrition Council, Columbus, Ohio, “Legislative Issues”, president.

October 6-9, 2012, Academy of Nutrition and Dietetics, Philadelphia, PA, “Food and Nutrition Expo, ISSP Regulations, Nutrition Assessment and Patient Centered Group Homes”.

November 9, 2012, KNH Department Semi-Annual Nutrition Conference, Oxford, Ohio, “Childhood Nutrition”, Designed and implemented the entire conference with nutrition students, alumni and other professionals in nutrition.

December 7, 2012, Ohio Nutrition Council, Columbus, Ohio, “Career Links”, president.

2011 Academic Year

December 2, 2011, Ohio Nutrition Council, December Meeting, Columbus Ohio, “Drug Nutrient Interactions” and “Trends in Nutritional Counseling and Corporate Wellness”.

July 17, 2011, Ohio Nutrition Council, executive meeting, Columbus, Ohio.

**School Nutrition National Conference, Nashville, TN. Poster Session:
Miami/Talawanda Partnership School Nutrition Education research results. July 9-11, 2011.**

May 6, 2011, Ohio Nutrition Council, “Get Comfortable with Cooking Demos”, Art Institute of Ohio.

Attended the American Dietetic Association Annual Food and Nutrition Conference and Expo, Boston, MA, November 6-9, 2010. Attended networking session with Dietetic Internship Directors for Accredited Dietetic Internship programs.

“Let’s Move Ohio-Dietitians Move to Schools” Ohio Department of Education, September 1, 2010.

“Understanding Consumer Perceptions of Food Technology and Sustainability” International Food Information Council. August 25, 2010.

“Celebrating and Cultivating Intellectual Curiosity in the College Classroom” August 18, 2010, Shriver Center. CELUTA.

“Improving Student Writing and Learning in Any Course”, Summer workshop for all disciplines, May 11-14, 2010, September, October and November follow-up sessions, 2010.

Attended Ohio Dietetic Association Annual Conference, Columbus, Ohio, April 20, 21 2010.

Attended the Indiana Dietetic Association Fall Conference, Ft. Wayne Indiana, November 11-13, 2009.

Attended the American Dietetic Association Food and Nutrition Expo and Conference, November 16- 20, 2009. Presented Thesis Research at PosterEMC /P 4 the Amerv6A-

October 11, 2007, Writing and Learning in the Engaged University, Miami University, Dr. Richard J. Light.

October 11, 2007, How to Make Writing Assignments That Help Students Read Deeply and Critically Without Burying You in Grading, Miami, University, Dr. Chris M. Anson.

September 29 – October 2, 2007, American Dietetic Association Food and Nutrition Conference and Expo 2007, Philadelphia, PA. 20 CEU's

May 7-10, 2007, Learning Technology Summer Institute, Miami University.

April 26 and 27, 2007, Dietetic Educators of Practitioners, ADA Practice Group, Indianapolis, IN. 12CEU's

April 23-25, 2007, American Dietetic Association Public Policy Workshop, Washington D.C. 12 CEU's

April 18, 2007, Indiana Dietetic Association Annual Meeting, Indianapolis, IN. 6 CEU's

November 15 and 16, 2006, Indiana Dietetic Association Fall Meeting, Hammond, IN. 12 CEU's